



**KNOW  
YOUR  
WORTH**

# 1800 010 120

## Sexual Assault Helpline

*Available 7.30am – 11.30pm, 7 days a week*

Any person living in Queensland can call us if they've experienced sexual assault, regardless of gender, sexuality, or immigration status.

It doesn't matter when the assault happened. We can help if it was recent or many years ago.

Sexual assault can include any sexual activity that happens without consent.

It can be touching, kissing, sex, someone doing sexual things to you or making you do sexual things when you didn't want to or when you didn't freely agree to.

Even if you are unsure if you have experienced sexual violence, you can call us.

We can provide information, advice, or brief counselling over the phone. We will listen and believe you.

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