

# Mensline

1800 600 636

9am until midnight, 7 days a week

## **We provide:**

- Support for men impacted by domestic and family violence through safety planning, transport, information and referral
- Support for men to change their abusive behaviours.

**Emergency**  
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**PoliceLink (non-urgent)**  
131 444

**Lifeline**  
13 11 14

# Useful Contacts

**Homeless Hotline**

1800 474 753

**Beyond Blue**

1300 224 636

**Disability Information Service**

1800 177 120

**Parentline**

1300 301 300

**Legal Aid**

1300 651 188

**LGBTI Legal Service**

1800 474 753

**Aboriginal & Torres Strait Islander Legal Service**

1800 012 255

**Adis 24/7 Alcohol and Drug Support**

1800 177 833

**Gambling Helpline**

1800 858 858

**Child Safety After Hours Service**

1800 177 135

**Sexual Assault Helpline**

1800 010 120

**QLife Peer Support**

1800 184 527

**Victim Assist QLD**

1300 546 587

**Men's Behaviour Change/Perpetrator Intervention Programs**

Scan the QR code or visit [bit.ly/3JXdLtv](https://bit.ly/3JXdLtv)

