

Mensline

1800 600 636

9am until midnight, 7 days a week

We provide:

- Support for men impacted by domestic and family violence through safety planning, transport, information and referral
- Support for men to change their abusive behaviours.

Emergency
000

PoliceLink (non-urgent)
131 444

Lifeline
13 11 14

Useful Contacts

**Centrelink Employment
Services Line**
132 850

Homeless Hotline
1800 474 753

MensLine Australia
1300 789 978

Beyond Blue
1300 224 636

13YARN
13 92 76

Legal Aid
1300 651 188

LGBTI Legal Service
1800 474 753

**Aboriginal & Torres Strait
Islander Legal Service**
1800 012 255

**Adis 24/7 Alcohol
and Drug Support**
1800 177 833

Gambling Helpline
1800 858 858

Disability Information Service
1800 177 120

Open Arms (Veterans & Families)
1800 011 046

QLife Peer Support
1800 184 527

Kids Helpline
1800 55 1800

Parentline
1300 301 300

**Child Safety
After Hours Service**
1800 177 135

Family and Child Connect
13 32 64

**Family Relationship
Advice Line**
1800 050 321

AskIzzy
www.askizzy.org.au

VictimConnect
1300 318 940

Victim Assist QLD
1300 546 587

Sexual Assault Helpline
1800 010 120

**Men's Behaviour Change
/Intervention Programs**
Scan the QR code below
or visit bit.ly/3JXdLtv

